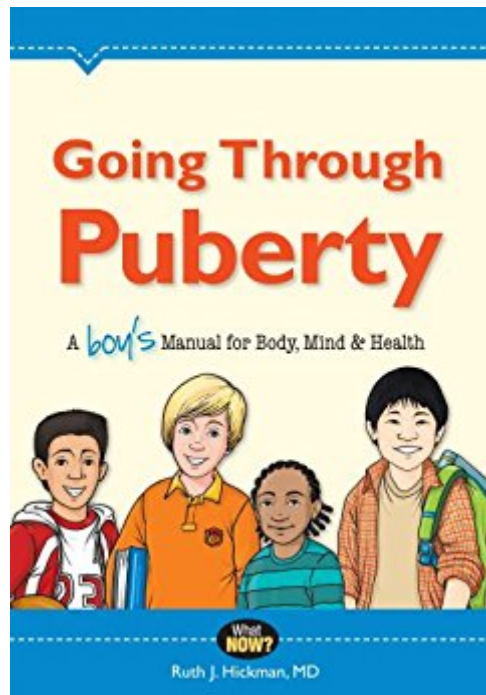


The book was found

Going Through Puberty: A Boy's Manual For Body, Mind, And Health (What Now?)



Synopsis

Puberty is an exciting yet challenging time for every boy. Respecting the universal yet unique experience of puberty for every boy, this book shares important medical facts related to puberty and offers trusted advice about your most pressing questions about growing up. No more wondering "is THAT normal?" From personal hygiene to healthy eating to mood swings, this must-have guide book will help you understand all of the changes happening to your body, mind, health, and emotions.

Book Information

File Size: 5819 KB

Print Length: 128 pages

Publisher: Lesson Ladder Inc (October 1, 2013)

Publication Date: October 1, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00H2ONMW0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,230,889 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #38

in Kindle Store > Kindle eBooks > Children's eBooks > Growing Up & Facts of Life > Health >

Maturing #134 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing

#494 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse

Customer Reviews

Offers just enough to be informative without introducing ideas that may not be age appropriate for a younger boy. I looked through many books on puberty in search of one that explained changes in the body and emotions/feeling, but not so much in depth sex education. This is a great starting point for conversations with enough information to let boys know what is normal and why it's happening. There are also sections on the social aspects of life for the age. My son seemed embarrassed when I gave it to him, but thanked me a few days later and said he liked the book. :) We've had several conversations about different subjects in the book, so I think it's done what I hoped for.

Going Through Puberty by Ruth Hickman, both the edition for girls, and the one for boys is very well written. Easy to read, and comprehend, these books are full of important information for children approaching, or currently experiencing the changes of puberty. In addition to answering many of the common questions kids have, Dr H also offers simple, but valuable suggestions on living a healthy life. Emotional issues are also addressed. These books are a great tool for parents, librarians, pediatricians, therapists, anyone that interacts with kids, and of course for the kids themselves. Hopefully we will see other books of this type from Dr H! Regan Plecher

a great young boys book especially for the early puberty stage

good book for boys

[Download to continue reading...](#)

Going Through Puberty: A Boy's Manual for Body, Mind, and Health (What Now?) Activities Keep Me Going and Going, Volume A (Activities Keep Me Going & Going) BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book) Will Puberty Last My Whole Life?: REAL Answers to REAL Questions from Preteens About Body Changes, Sex, and Other Growing-Up Stuff Living in "The Now" in Easy Steps (Understanding Eckhart Tolle, Dalai Lama, Krishnamurti, Meister Eckhart and more!): 7 Lessons & Exercises to Stop Your ... Live in the Now (The Secret of Now Book 1) Irritable Bowel Syndrome & the Mind-Body Brain-Gut Connection: 8 Steps for Living a Healthy Life with a Functional (Mind-Body Connection) Going Gray Beauty Guide: 50 Gray's Going Gray Stories BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Social Security Works!: Why Social Security Isn't Going Broke and How Expanding It Will Help Us All Body Language: Master the Art of Reading Anyone Through Nonverbal Communication (Body Language 101, Body Language Mastery, Read Everyone) Taiwan's China Dilemma: Contested Identities and Multiple Interests in Taiwan's

Cross-Strait Economic Policy Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD Shooter's Bible, 107th Edition: The World's Bestselling Firearms Reference Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People with Asperger's Syndrome Guarantee the Sex of Your Baby: Choose a Girl or Boy Using Today's 99.9% Accurate Sex Selection Techniques Puberty Girl Does This Happen to Everyone?: A Budding Adult's Guide to Puberty How to Get Taller: Grow Taller By 4 Inches In 8 Weeks, Even After Puberty! (Grow Taller Naturally) (Volume 1)

[Dmca](#)